



St. Columban School Lunch Menu

August & September

Menu Specials

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>Vegetable of the Day: Broccoli</i>	<i>Vegetable of the Day: Corn</i>	<i>Vegetable of the Day: Green Beans</i>	<i>Vegetable of the Day: Cook's Choice of Other</i>	<i>Vegetable of the Day: Peas</i>
			Fruit & Vegetable Bar Daily		
8/24 Chocolate Chip Cookie 9/19 Fruit Crisp	9/18 Chicken Nuggets w/Dipping Sauce WG Dinner Roll Baked Beans	9/19 Beef Taco in Bag w/Brown Rice, Cheese, Salsa, & Refried Beans Special - Fruit Crisp	9/20 & 8/23 Opening Day Tano's Tenders Dinner Roll or Mini corn Dogs	8/24 & 9/21 Cincinnati Chili & Cheese Coney	8/25 & 9/22 Specialty Pizza
8/29 Vanilla Pudding 9/27 Chocolate Pudding	8/28 & 9/25 Cheeseburger Baked Beans	8/29 & 9/26 Pasta & Meat Sauce w/Garlic Bread Seasoned Black Beans Special- Pudding	8/30 & 9/27 Tano's Tenders Dinner Roll or Hot Dog	8/31 & 9/28 Brunch for Lunch French Toast & Sausage Spuds	9/1 & 9/29 – Grandparent's Day- Specialty Pizza
9/7 Gelatin	9/4 Labor Day No School	9/5 Toasted Cheese w/Tomato Soup	9/6 Tano's Tenders Dinner Roll or Pizza Dippers	9/7 Macaroni & Cheese Dinner Roll Baked Beans Special -Gelatin	9/8 Specialty Pizza
9/12 "Red, White, & Blue " Cookie	9/11 Hero Day* Hot Dog	9/12 Cheesy Bread w/ Marinara Sauce Baked Beans Special—Cookie	9/13 Tano's Tenders Dinner Roll or Calzone	9/14 Brunch for Lunch Waffle & Sausage Spuds	9/15 Specialty Pizza

This menu is subject to change, without notice, due to price or availability of products.

Regular Price:
 Grades 1-6: \$2.50 Extra Entrée: \$2.00
 Grades 7-8: \$2.60 Extra Entrée: \$2.10
 A Meal Includes Entrée, fruit, vegetable, & milk
 Additional Entrees: School Pizza, Deli Sandwich,
 Chef Salad, PB&J Jammer Meal, Yogurt Fun Tray
Tano's Chicken Tenders 1-6 \$3.65/7-8 \$3.75

No preservatives, hormones or antibiotics
***Parent's may restrict purchases.**
Super Meal:
Grades 7-8: \$3.10 Extra Entrée: \$2.60
 Includes fruit, vegetable, & milk
 Marco's Pizza, Chicken Patty Sandwich,
 Super Bosco Sticks, or Double Cheeseburger

Reduced Price Meal: \$0.40
Adult Meals and Extra Entrees: Additional \$0.75
Milk \$0.50 Include fat-free or 1% white & chocolate
 Menu: For a complete meal, students must select ½
 cup fruit/vegetable-Most grains are whole
 *In honor of our first responders lunch is served in a
 fire hat & fire personnel are invited to join us at lunch.

The Fruit & Vegetable Bar includes fresh or
 canned fruit, romaine salad, and hot or fresh
 vegetables, in addition to the vegetable of day.
 Weekly vegetable sub-groups include dark
 green, red/orange, bean, starchy, & "other".

Please make separate lunch checks payable to Milford Nutrition Services. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into www.spsezpay.com/Milford/ezpay/Login.aspx or check with the kitchen manager, Sally Hittner at 513-683-7903 for more details regarding Milford Nutrition Services, visit www.milfordschools.org

For comments or concerns about the lunch program,
contact Gerry Levy: 576-2292.
 USDA is an equal opportunity provider.
 Thank you for participating in the school lunch program!