



# St. Columban School Lunch Menu

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

10/30-12/21

*Vegetable of the Day:  
Broccoli*

*Vegetable of the Day:  
Corn*

*Vegetable of the Day:  
Green Beans*

*Vegetable of the Day:  
Cook's Choice of Other*

*Vegetable of the Day:  
Peas*

**Fruit & Vegetable Bar  
Daily**

**“No School” days  
are listed in red**

11/13, 12/11  
Chicken Nuggets  
w/Dipping Sauce  
WG Dinner Roll  
Baked Beans

11/14, 12/12  
Beef Taco in Bag  
w/Brown Rice, Cheese,  
Salsa, &  
Refried Beans

11/15, 12/13  
Tano's Tenders  
Dinner Roll  
or  
Mini corn Dogs

11/16 **Thanksgiving Special**  
12/14  
**Cincinnati Chili &  
Cheese Coney  
Sticker Special**

11/17, 12/15  
Specialty Pizza

**Thanksgiving Break  
11/22-24  
Christmas Break  
12/21-1/2**

**Menu Specials in Blue**

11/20, 12/18  
Cheeseburger  
Baked Beans

11/21, 12/19  
Pasta & Meat Sauce  
w/Garlic Bread  
Seasoned Black Beans  
**Gelatin**

11/22, 12/20  
Tano's Tenders  
Dinner Roll  
or  
Hot Dog

11/23, 12/21

10/27, 11/24

**Sticker Special  
Students with a sticker on  
their tray receive a free  
snack!**

**New Menu starts here-**  
10/30, 11/27  
Mini-Corn Dogs  
w/Dipping Sauce  
Macaroni & Cheese

**10/31- Halloween Nuggets  
w/Dip & Roll, 11/28  
Toasted Cheese  
w/Tomato Soup  
Pudding**

11/1, 11/29  
Tano's Tenders  
Dinner Roll  
or  
Pizza Dippers  
w/ Marinara Sauce

11/2, 11/30  
Macaroni & Cheese  
Dinner Roll  
Baked Beans  
**Sticker Special**

11/3, 12/1  
Specialty Pizza

**Thanksgiving Special Meal  
Turkey & Gravy  
Sweet Potatoes  
Green Beans  
Cinn-Applesauce  
Dinner Roll & Dessert**

11/6, 12/4,  
**New Orange Chicken  
w/Brown Rice  
Fruit Crisp**

11/7, 12/5  
Cheesy Bread  
w/ Marinara Sauce  
Baked Beans  
**Cookie**

11/8, 12/6  
Tano's Tenders  
Dinner Roll  
or Calzone

11/9, 12/7  
Brunch for Lunch  
Waffle & Sausage  
Spuds  
**Sticker Special**

11/10, 12/8  
Specialty Pizza

This menu is subject to change, without notice, due to price or availability of products.

**Regular Price:**

Grades 1-6: \$2.50 Extra Entrée: \$2.00

Grades 7-8: \$2.60 Extra Entrée: \$2.10

A Meal Includes Entrée, fruit, vegetable, & milk  
Additional Entrees: School Pizza, Deli Sandwich,  
Chef Salad, PB&J Jammer Meal, Yogurt Fun Tray  
**Tano's Chicken Tenders 1-6 \$3.65/7-8 \$3.75**

**No preservatives, hormones or antibiotics**

**\*Parent's may restrict purchases.**

**Super Meal:**

Grades 7-8: \$3.10 Extra Entrée: \$2.60

Includes fruit, vegetable, & milk  
Marco's Pizza, Chicken Patty Sandwich,  
Super Bosco Sticks, or Double Cheeseburger  
**Reduced Price Meal: \$0.40**

**Adult Meals and Extra Entrees: Additional \$0.75**

**Milk \$0.50** Include fat-free or 1% white & chocolate  
Menu: For a complete meal, students must select ½  
cup fruit/vegetable-Most grains are whole

**The Fruit & Vegetable Bar** includes fresh or  
canned fruit, romaine salad, and hot or fresh

vegetables, in addition to the vegetable of day.  
Weekly vegetable sub-groups include dark  
green, red/orange, bean, starchy, & "other".  
Students may select all sides.

Please make separate lunch checks payable to Milford Nutrition Services. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into [www.spseipay.com/Milford/ezpay/Login.aspx](http://www.spseipay.com/Milford/ezpay/Login.aspx) or check with the kitchen manager, Sally Hittner at 513-683-7903 for more details regarding Milford Nutrition Services, visit [www.milfordschools.org](http://www.milfordschools.org)

**For comments or concerns about the lunch program,  
contact Gerry Levy: 576-2292.**  
USDA is an equal opportunity provider.  
Thank you for participating in the school lunch program!