



St. Columban School Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>Vegetable of the Day: Broccoli</i>	<i>Vegetable of the Day: Corn</i>	<i>Vegetable of the Day: Green Beans</i> Fruit & Vegetable Bar Daily	<i>Vegetable of the Day: Cook's Choice of Other</i>	<i>Vegetable of the Day: Peas</i>
"No School" days are listed in red	10/16, 11/6, 12/4 Chicken Nuggets w/Dipping Sauce WG Dinner Roll Baked Beans	10/17, 11/7, 12/5 Beef Taco in Bag w/Brown Rice, Cheese, Salsa, & Refried Beans	10/18, 11/8, 12/6 Tano's Tenders Dinner Roll or Mini corn Dogs	10/19, 11/9, 12/7 Cincinnati Chili & Cheese Coney Sticker Special	10/20, 11/10, 12/8 Specialty Pizza
Thanksgiving Break 11/22-24 Christmas Break 12/21-1/2 <u>Menu Specials in Blue</u>	10/23, 11/13, 12/11 Cheeseburger Baked Beans	10/24, 11/14, 12/12 Pasta & Meat Sauce w/Garlic Bread Seasoned Black Beans Gelatin	10/25, 11/15, 12/13 Tano's Tenders Dinner Roll or Hot Dog	10/26-Specialty Pizza, 11/16- Thanksgiving Special, 12/14 Brunch for Lunch French Toast & Sausage Spuds 10/26 & 12/14-Sticker Special	10/27, 11/17, 12/15 Specialty Pizza
<u>Sticker Special</u> Students with a sticker on their tray receive a free snack!	New Menu starts here- 10/2, 10/30, 11/20, 12/18 Mini-Corn Dogs w/Dipping Sauce Macaroni & Cheese	10/3, 10/31- Halloween Nuggets w/Dip & Roll, 11/21, 12/19 Toasted Cheese w/Tomato Soup	10/4, 11/1, 11/22, 12/20 Tano's Tenders Dinner Roll or Pizza Dippers	10/5, 11/23, 12/21 Macaroni & Cheese Dinner Roll Baked Beans Sticker Special	10/6, 11/24 Specialty Pizza
<u>Thanksgiving Special Meal</u> Turkey & Gravy Sweet Potatoes Green Beans Cinn-Applesauce Dinner Roll & Dessert	10/9, 11/27 New Orange Chicken w/Brown Rice Fruit Crisp	10/10, 11/28 Cheesy Bread w/ Marinara Sauce Baked Beans Cookie	10/11, 11/29 Tano's Tenders Dinner Roll or Calzone	10/12, 11/2, 11/30 Brunch for Lunch Waffle & Sausage Spuds Sticker Special	10/13, 11/3, 12/1 Specialty Pizza

This menu is subject to change, without notice, due to price or availability of products.

Regular Price:
 Grades 1-6: \$2.50 Extra Entrée: \$2.00
 Grades 7-8: \$2.60 Extra Entrée: \$2.10
 A Meal Includes Entrée, fruit, vegetable, & milk
 Additional Entrees: School Pizza, Deli Sandwich,
 Chef Salad, PB&J Jammer Meal, Yogurt Fun Tray
Tano's Chicken Tenders 1-6 \$3.65/7-8 \$3.75

No preservatives, hormones or antibiotics
***Parent's may restrict purchases.**
Super Meal:
Grades 7-8: \$3.10 Extra Entrée: \$2.60
 Includes fruit, vegetable, & milk
 Marco's Pizza, Chicken Patty Sandwich,
 Super Bosco Sticks, or Double Cheeseburger

Reduced Price Meal: \$0.40
Adult Meals and Extra Entrees: Additional \$0.75
 Milk \$0.50 Include fat-free or 1% white & chocolate
 Menu: For a complete meal, students must select ½
 cup fruit/vegetable-Most grains are whole

The Fruit & Vegetable Bar includes fresh or
 canned fruit, romaine salad, and hot or fresh
 vegetables, in addition to the vegetable of day.
 Weekly vegetable sub-groups include dark
 green, red/orange, bean, starchy, & "other".
 Students may select all sides.

Please make separate lunch checks payable to Milford Nutrition Services. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into www.spsezpay.com/Milford/ezpay/Login.aspx or check with the kitchen manager, Sally Hittner at 513-683-7903 for more details regarding Milford Nutrition Services, visit www.milfordschools.org

For comments or concerns about the lunch program,
contact Gerry Levy: 576-2292.
 USDA is an equal opportunity provider.
 Thank you for participating in the school lunch program!