



St. Columban School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<i>Vegetable of the Day: Broccoli</i>	<i>Vegetable of the Day: Corn</i>	<i>Vegetable of the Day: Green Beans</i>	<i>Vegetable of the Day: Cook's Choice of Other</i>	<i>Vegetable of the Day: Peas</i>
"No School" days are listed in red	1/29 Cheeseburger & Spuds	1/30 Beef Taco in Bag w/Brown Rice, Cheese, Salsa, & Refried Beans Sticker Special	Fruit & Vegetable Bar Daily New Menu starts and ends here! 1/3, 1/31 Tano's Tenders Dinner Roll or Mini Corn Dogs	1/4 Cincinnati Chili & Cheese Coney Fruit Crisp	1/5 Specialty Pizza
School resumes 1/3 <u>Menu Specials in Blue</u>	1/8 Chicken Nuggets w/Dipping Sauce WG Dinner Roll Baked Beans Chocolate Pudding	1/9 Pasta & Meat Sauce w/Garlic Bread Black Beans Sticker Special	1/10 Tano's Tenders Dinner Roll or Hot Dog	1/11 Brunch for Lunch French Toast & Sausage Spuds	1/12 Specialty Pizza
<u>Sticker Special</u> Students with a sticker on their tray receive a free snack!	1/15 Martin Luther King Day No School	1/16 Toasted Cheese w/Tomato Soup Sticker Special	1/17 Tano's Tenders Dinner Roll or Pizza Dippers w/ Marinara Sauce	1/18 Macaroni & Cheese Dinner Roll Baked Beans Gelatin	1/19 Specialty Pizza
	1/22 Chicken Nuggets w/Dipping Sauce WG Dinner Roll Baked Beans	1/23 Cheesy Bread w/ Marinara Sauce Baked Beans Sticker Special	1/24 Tano's Tenders Dinner Roll or Calzone Vanilla Pudding	1/25 Brunch for Lunch Waffle & Sausage Spuds	1/26 Specialty Pizza

This menu is subject to change, without notice, due to price or availability of products.

Regular Price:
Grades 1-6: \$2.50 Extra Entrée: \$2.00
Grades 7-8: \$2.60 Extra Entrée: \$2.10
 A Meal Includes Entrée, fruit, vegetable, & milk
 Additional Entrees: School Pizza, Deli Sandwich, Chef Salad, PB&J Jammer Meal, Yogurt Fun Tray
Tano's Chicken Tenders 1-6 \$3.65/7-8 \$3.75
No preservatives, hormones or antibiotics

***Parent's may restrict purchases.**
Super Meal:
Grades 7-8: \$3.10 Extra Entrée: \$2.60
 Includes fruit, vegetable, & milk
 Marco's Pizza, Chicken Patty Sandwich, Super Bosco Sticks, or Double Cheeseburger
Reduced Price Meal: \$0.40
Adult Meals and Extra Entrees: Additional \$0.75

Milk \$0.50 Include fat-free or 1% white & chocolate
 Menu: For a complete meal, students must select ½ cup fruit/vegetable-Most grains are whole

vegetables, in addition to the vegetable of day.
 Weekly vegetable sub-groups include dark green, red/orange, bean, starchy, & "other".
 Students may select all sides.

The Fruit & Vegetable Bar includes fresh or canned fruit, romaine salad, and hot or fresh

Please make separate lunch checks payable to Milford Nutrition Services. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into www.spseipay.com/Milford/ezpay/Login.aspx or check with the kitchen manager, Sally Hittner at 513-683-7903 for more details regarding Milford Nutrition Services, visit www.milfordschools.org

For comments or concerns about the lunch program, contact Gerry Levy: 576-2292.
 USDA is an equal opportunity provider.
 Thank you for participating in the school lunch program!